Oracle Heart & Vascular Inc.

Please arrive at the time of your appointment, or we may need to reschedule. Cancelation or rescheduling must be made at least 24 hours in advance, or you may be subject to a fee (according to the Patient Financial Policy).

Copay's/deductible/co-shares are determined by your insurance company. Depending on your policy, your insurance company may charge for every test that is completed, even if all on the same day.

Apart from being accompanied by a caretaker, guests are not recommended. Children, and those who require supervision, are not permitted.

Scheduled Test	INSTRUCTIONS		
Echocardiogram	 Do not apply lotion or powder to your chest the day of the test. You may take all your medications prior to testing. 		
Carotid Ultrasound	 Please do not wear anything tight fitting around your neck. You may take all your medication prior to the testing. 		
Venous/Reflux/Arterial doppler	1. You may take all your medication prior to the testing.		
Abdominal/Renal/Iliac (IVC) ultrasound	 Do not eat or drink anything 6 hours prior. (Water is ok) You may take all your medication prior to the testing with a small amount of water. 		
ABI	 Avoid any caffeine, alcohol or smoking 1 hour prior to testing. You may take all your medication prior to the testing. 		
Treadmill Stress Test (PST) / Stress Echo	 Do not eat or drink 4 hours prior to testing. (Water is ok) Wear comfortable clothing and shoes for walking on the treadmill. Avoid caffeine and decaffeinated products for 12 hours prior to testing (i.e. coffee, tea, soda, and chocolate). Stop all medication listed below, but bring them with you, as we will have you take them at a certain point during the test. 		
Nuclear Stress Tests (Exercise & Lexi) An IV will be started upon arrival. Test takes approximately 4 hours to complete. *This test is subject to a \$280 cancellation/no- show fee.	 Do not eat or drink 4 hours prior to test, (water is encouraged to hydrate for IV) No tobacco products 12 hours prior to test. Avoid caffeine and decaffeinated products for 24 hours prior to testing (i.e. coffee, tea, soda, and chocolate). Stop all medication listed below, but bring them with you, as we will have you take them at a certain point during the test. 		

HOLD 48 hours	HOLD 24 hours	BETA BLOCKERS to HOLD 24 hours		
Cialis / Tadalafil	Isosorbide	Zebeta/Bisoprolol	Lopressor/Metoprolol Tartrate	Corgard/Nadolol
	Viagra / Sildenafil Livtra / Vardenafil	Tenormin/Atenolol Coreg/Carvedilol	Toprol XL/Metoprolol Succinate Inderal/Propranolol	Bystolic/Nebivolol